

Choose Your Direction

Four-Tier Discussion Guide: Intention as the Engine of Change



Opening Reflection

This discussion guide is designed to explore the systemic costs of 'forced performance' vs. 'intentional direction.' It invites teams to openly look at the barrier of 'Reaction vs. Choice' and discuss how to shift the weight of outcomes back to whom they rightfully belong.

QUESTIONS TO SIT WITH

- **Tier 1: Leadership** — Are we exhausted because we are working hard, or are we exhausted because we are carrying the entire weight of compliance paths that do not belong to us?
- **Tier 2: Managers** — How can we encourage frontline staff to measure their success by a client's level of self-direction rather than their level of obedience?
- **Tier 3: Professional Partners** — How do we create safe space in our meetings for a client to say 'No, this plan doesn't fit who I am,' without labeling them as non-compliant?
- **Tier 4: Community & Family** — What are the daily needs and sustainable factors we can help protect so our loved ones can keep moving in their chosen direction?

The Shift from Compliance to Competence

When a client has completed their 'Choose Your Direction' workbook, they are ready to sit at the planning table as an equal. As a facilitator, honor their chosen vision, validate their self-authored off-track plans, and support the shift from passive compliance to active self-determination.



Continue the Conversation

Some perspectives become clearer when they are explored together. If your organization would like to continue the conversation with LUV Solutions, we would be honored to join you.

No sales presentation. Just a conversation about what became visible, what questions remain, and what your organization may want to explore next.

Schedule a Complimentary Conversation here:

<https://calendly.com/hello-luvsolutions/complimentary-leadership-conversation>